

CURRICULUM VITAE
Juana Lamote de Grignon Pérez

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Department of Social Science. University College London (UCL)
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Professional experience & Education

- Since 12/17 – Researcher at the Centre for Time Use Research, University College London.
- 12/15-12/17 – Postdoctoral Researcher in Behavioural Tracing, Nuffield Department of Clinical Neurosciences & Centre for Time Use Research, University of Oxford, Oxford, UK.
- 09/15-12/15 – Visiting Professor, Department of Political and Social Sciences, Universitat Pompeu Fabra, Barcelona, Spain.
- 09/09-06/15 – PhD in Political and Social Sciences, European University Institute, Florence, Italy.
- 09/06-09/08 – MPhil in Economic and Social History, St. Antony's College, University of Oxford, Oxford, UK.
- 09/04-09/05 – MSc in Economic Development, Universidad Carlos III, Madrid, Spain.
- 09/99-06/03 – BA in Management and Business Administration, Universidad Pablo de Olavide, Sevilla, Spain.

Research interests

Time use studies with a specific interest in its use to understand well being, including health as well as subjective well being.

Publications

- Oriel Sullivan, Jonathan Gershuny, Almudena Sevilla, Francesca Foliano, Margarita Vega-Rapun, Juana Lamote de Grignon, Teresa Harms, and Pierre Walthéry. *Using time use diaries to track changing behaviour across successive stages of COVID-19 social restrictions*. PNAS August 31, 2021 118 (35). Manuscript ID: 2021-01724RR; <https://doi.org/10.1073/pnas.2101724118>
- Gershuny J, Sullivan O, Sevilla A, Vega-Rapun M, Foliano F, Lamote de Grignon J, et al. (2021) A new perspective from time use research on the effects of social restrictions on COVID-19 behavioral infection risk. PLoS ONE 16(2): e0245551. <https://doi.org/10.1371/journal.pone.0245551>
- National Office of Foresight and Strategy. Cabinet of the Presidency of the Government (coord.). Spain 2050: Foundations and proposals for a Long-Term National Strategy. Madrid: Ministry of the Presidency. 2021. (In Spanish)

- J. Gershuny, M. Vega-Rapun, J. Lamote Perez, “The Multinational Time Use Study” (Technical Report CTUR, UCL, 2020)
- J. Lamote de Grignon Perez, M. Vega-Rapún and J Gershuny, “The MTUS New Harmonisation Protocol” (CTUR internal document, UCL, 2021).
- Lamote de Grignon Pérez J, Gershuny J, Foster R, De Vos M. Sleep differences in the UK between 1974 and 2015: Insights from detailed time diaries. *J Sleep Res.* 2018;e12753. <https://doi.org/10.1111/jsr.12753>.
- Lamote de Grignon Perez J. Time use and subjective well being of Spanish children (in Spanish), in Gálvez Muñoz, Lina y Del Moral Espín, Lucia (coords.). *Infancia y Bienestar. Una apuesta política por las capacidades y los cuidados.* (2019), Deculturas, Sevilla.

Other work in progress

- Sleep around the world. A review of sleep trends using time use data (with Ekaterina Hertog, Jiweon Jun, Man Yee Kan, Margarita Vega and Jonathan Gershuny).
- The effects of light exposure on the body clock. Insights from time use data (with Kate Porcheret, Jonathan Gershuny, Russell Foster and Maarten de Vos).

Teaching

- **Instructor**, *Research Seminar and Data Analysis (An introduction to Stata)*, 30 hours, Universitat Pompeu Fabra, Spain.
- **Instructor**, *Quantitative methods in Public Policy Analysis*, 30 horas, Collegio Carlo Alberto, Turin, Italy.
- **Teaching assistant**, *Levelling-up course in quantitative methods*, 10 hours, Collegio Carlo Alberto, Turin, Italy.

Research grants

- Salvador de Madariaga.
- Talentia.
- Instituto Laureano Figuerola.

Computer skills

Microsoft Office, Stata, and Latex